

DATE: December 10, 2019

TO: Board of Trustees

FROM: Trustee Shelagh Dunn, Chair, Mental Health and Student Well-being Committee
Trustee Sherry Adams, Mental Health and Student Well-being Committee
Trustee Cheryl Johner, Mental Health and Student Well-being Committee

SUBJECT: Mental Health and Student Well-being Committee Work Plan for 2019-2020

ORIGINATOR: Karen Mills, Director Board and Superintendent Relations

RESOURCE STAFF: Marlene Hanson, Regan Holt, Marilyn Johnman

REFERENCE: [Trustees' Handbook](#), Section 7– Ad Hoc Committees and Board Representation

ISSUE

The Mental Health and Student Well-being Committee is responsible for keeping the Board of Trustees informed of its work. To that end, the Committee is submitting its 2019-2020 work plan for Board approval.

BACKGROUND

The Board of Trustees approved the formation of a Trustee Mental Health Committee on September 11, 2108. At its September 17 and October 24 meetings, the Committee confirmed its Terms of Reference and drafted a work plan for 2019-2020.

RECOMMENDATION

That the Board approve the Mental Health and Student Well-being Committee work plan for 2019-2020.

OPTIONS

Based on the information provided in this report, the following options are considered most appropriate:

1. Approve the proposed the Mental Health and Student Well-being Committee work plan for 2019-2020.
2. Provide feedback and request changes be made to the work plan.

ATTACHMENTS and APPENDICES

ATTACHMENT I Mental Health and Student Well-being Committee Purpose Statement
ATTACHMENT II Mental Health and Student Well-being Committee Work Plan for 2019-2020

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ATTACHMENT I - Mental Health and Student Well-being Purpose Statement

As an Ad Hoc Committee, the Mental Health and Student Well-being Committee does not have formal Terms of Reference. Instead, the work of the Committee is guided by a Purpose Statement.

To reflect the expansion of the Committee's focus to include student well-being, as well as mental health, the Committee drafted the following Purpose Statement.

Purpose

The focus of the committee is to:

- Understand the District and provincial landscape of mental health and well-being supports, and how this impacts student learning in the education system.
- Collaborate across school boards, governments and community partners working for increased mental, physical and emotional well-being services for children and families.
- Advocate for increased provincial collaboration and funding for access to supports for mental, physical and emotion well-being.

Mental Health and Student Well-being Committee 2019-2020 Work Plan

PURPOSE

The focus of the committee is to:

- Understand the District and provincial landscape of mental health and well-being supports, and how this impacts student learning in the education system.
- Collaborate across school boards, governments and community partners working for increased mental, physical and emotional well-being services for children and families.
- Advocate for increased provincial collaboration and funding for access to supports for mental, physical and emotion well-being.

ACTIVITIES

- Choose priority determinants of well-being on which the committee will focus, in alignment with Board goals and advocacy efforts.
- Complete an environmental scan on the priority determinants, including the potential for development of an RFI on mental health supports to support further advocacy, and potential progress measures.
- Follow up and expand upon previous advocacy for supports and cross-ministry collaboration.
 - Follow up upon advocacy work with Associate Minister Luan.
 - Follow up on Board advocacy for supports for staff and students regarding specialized supports.
- Gather information on the impact of the inclusion of “student well-being” in the *Education Act*.
- Start new advocacy efforts when/if needs arise in response to Board goals or emerging needs.
- Remain responsive to requests for feedback on issues of mental health and student well-being.

SUPPORTING ACTIONS/INFORMATION REQUESTED FROM ADMINISTRATION

- None at this time

REQUESTED RESOURCES

- Continued support of Director Board and Superintendent Relations and Director Diversity and Comprehensive School Health
- No budget requests at this time